

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

MAY 2026

Meyer Senior & Community Center – Senior Services

						9 a.m.-12 p.m.- Bridge 9 a.m.-12 p.m.- Shanghai Rummy 12-1 p.m.- BINGO 1-4 p.m.- Open Game Time	1-4 p.m.- Saturday Senior Hangout <i>Enjoy an afternoon with friends while playing games, cards, corn hole, ping pong, watching sports, enjoying refreshments, swapping books, etc.</i>				
3	No Foreversize 9 a.m.-12 p.m.- 42 Dominoes 10-11 a.m.- Sit & Fit 1-4 p.m.- Open Game Time	4	10 a.m.-12:45 p.m.- Rummikub 12:30-3 p.m.- Jam Session Group 1-1:45 p.m.- Nia Moving to Heal 1-4 p.m.- Hand & Foot Canasta	5	9 a.m.-12 p.m.- Bridge 10-11 a.m.- Intermediate Line Dancing with Teri 9-11 a.m.- Sit & Fit 1-4 p.m.- Mah Jongg 1-4 p.m.- Learn to Play Texas Hold'em Poker 2-3 p.m.- Intermediate Tai Chi 3:30-4:30 p.m.- Beginner Tai Ch	6	No Foreversize 9 a.m.-12 p.m.- Learn to Play 42 10-11 a.m.- Sit & Fit 1-4 p.m.- Learn How To Play Mah Jongg 2-4 p.m.- Open Art Time	7	9 a.m.-12 p.m.- Bridge 9 a.m.-12 p.m.- Shanghai Rummy 10:30 a.m.-1:30 p.m.- Jam Session Group 12-1 p.m.- BINGO sponsored by Synergy HomeCare 1-4 p.m.- Open Game Time	8	1-4 p.m.- Saturday Senior Hangout <i>Enjoy an afternoon with friends while playing games, cards, corn hole, ping pong, watching sports, enjoying refreshments, swapping books, etc.</i>
10	9-10 a.m.- Foreversize 9 a.m.-12 p.m.- 42 Dominoes 10-11 a.m.- Sit & Fit 1-4 p.m.- Open Game Time	11	10 a.m.-12:45 p.m.- Rummikub 12:30-3 p.m.- Jam Session Group 1-1:45 p.m.- Nia Moving to Heal 1-4 p.m.- Hand & Foot Canasta	12	9 a.m.-12 p.m.- Bridge 9 a.m.-1 p.m.- Senior Expo at the Brazos Center 9-11 a.m.- Sit & Fit 10-11 a.m.- Intermediate Line Dancing with Teri 1-4 p.m.- Mah Jongg 1-4 p.m.- Learn to Play Texas Hold'em Poker 2-3 p.m.- Intermediate Tai Chi 3:30-4:30 p.m.- Beginner Tai Chi	13	No Foreversize 9 a.m.-12 p.m.- Learn to Play 42 10-11 a.m.- Sit & Fit 10-12 p.m.- Basic Jewelry Making 1-4 p.m.- Learn How To Play Mah Jongg 2-4 p.m.- Open Art Time	14	9 a.m.-12 p.m.- Bridge 9 a.m.-12 p.m.- Shanghai Rummy 12-1 p.m.- BINGO sponsored by AccentCare Hospice 1-3 p.m.- Movie & Popcorn 1-4 p.m.- Open Game Time	15	1-4 p.m.- Saturday Senior Hangout <i>Enjoy an afternoon with friends while playing games, cards, corn hole, ping pong, watching sports, enjoying refreshments, swapping books, etc.</i>
17	9-10 a.m.- Foreversize 9 a.m.-12 p.m.- 42 Dominoes 10-11 a.m.- Sit & Fit 1-4 p.m.- Open Game Time	18	10 a.m.-12:45 p.m.- Rummikub 12:30-3 p.m.- Jam Session Group 1-1:45 p.m.- Nia Moving to Heal 1-4 p.m.- Hand & Foot Canasta	19	9 a.m.-12 p.m.- Bridge 10-11 a.m.- Intermediate Line Dancing with Teri 9-11 a.m.- Sit & Fit 11:30 a.m.-1 p.m.- "Living Statues: Celebrating Famous Texans - Larry J. Ringer Library" 1-4 p.m.- Mah Jongg 1-4 p.m.- Learn to Play Texas Hold'em Poker 2-3 p.m.- Intermediate Tai Chi 3:30-4:30 p.m.- Beginner Tai Chi	20	No Foreversize 9 a.m.-12 p.m.- Learn to Play 42 10-11 a.m.- Sit & Fit 1-4 p.m.- Learn How To Play Mah Jongg 2-4 p.m.- Open Art Time	21	9 a.m.-12 p.m.- Bridge 9 a.m.-12 p.m.- Shanghai Rummy 10:30 a.m.-1:30 p.m.- Jam Session Group 12-1 p.m.- BINGO 1-4 p.m.- Open Game Time 6-9 p.m.- Senior Night Out: Dancing & Games at Southwood Community Center	22	1-4 p.m.- Saturday Senior Hangout <i>Enjoy an afternoon with friends while playing games, cards, corn hole, ping pong, watching sports, enjoying refreshments, swapping books, etc.</i>
24	CLOSED	25	10 a.m.-12:45 p.m.- Rummikub 12-1:30 p.m.- Tex Mex & Potluck Social 12:30-3 p.m.- Jam Session Group 1-1:45 p.m.- Nia Moving to Heal 1-4 p.m.- Hand & Foot Canasta 2-3:30 p.m.- Wearable Arts "Fabric Challenge Projects Show & Tell by Members"	26	9 a.m.-12 p.m.- Bridge 10-11 a.m.- Intermediate Line Dancing with Teri 9-11 a.m.- Sit & Fit 1-4 p.m.- Mah Jongg 1-4 p.m.- Learn to Play Texas Hold'em Poker 2-3 p.m.- Intermediate Tai Chi 3:30-4:30 p.m.- Beginner Tai Chi	27	8:30-9:30 a.m.- Senior Advisory Group at Meyer Center 9-10 a.m.- Foreversize 9 a.m.-12 p.m.- Learn to Play 42 10-11 a.m.- Sit & Fit 1-4 p.m.- Learn How To Play Mah Jongg 2-4 p.m.- Open Art Time 5-7 p.m.- BUNCO Party at Meyer Center	28	9 a.m.-12 p.m.- Bridge 9 a.m.-12 p.m.- Shanghai Rummy 11 a.m.-1:30 p.m.- Celebrating the Heart of Family: Mother's & Father's Day at Lincoln Recreation Center No BINGO 1-4 p.m.- Open Game Time	29	1-4 p.m.- Saturday Senior Hangout <i>Enjoy an afternoon with friends while playing games, cards, corn hole, ping pong, watching sports, enjoying refreshments, swapping books, etc.</i>
31	<p>- Senior Membership Required</p> <p>- Class Fee</p> <p>- Free for Ages 55+</p> <p>- Closure/Holiday/Class Cancellation</p>										

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

MAY 2026

Lincoln Recreation Center – Senior Services

						9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 9:15 a.m.-1 p.m.- Scrapbook 101 11 a.m.-12:30 p.m.- Hot Lunch	1		2			
3	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 9:15 a.m.-1 p.m.- Scrapbook 101 11 a.m.-12:30 p.m.- Hot Lunch	4	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club No Foreversize 11 a.m.-12 p.m.- Mind & Body Boosters "Celebrating Cinco de Mayo" 11 a.m.-12:30 p.m.- Hot Lunch	5	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 9:15-11 a.m.- Arts and Crafts 11 a.m.-12 p.m.- BINGO sponsored by Lampstand Nursing & Rehabilitation 11 a.m.-12:30 p.m.- Hot Lunch	6	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	7	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 11 a.m.-12:30 p.m.- Hot Lunch	8		9
10	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 9:15 a.m.-1 p.m.- Scrapbook 101 11 a.m.-12:30 p.m.- Hot Lunch	11	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 10-11 a.m.- Foreversize 11 a.m.-12 p.m.- Mind & Body Boosters with Brazos Valley Food Bank 11 a.m.-12:30 p.m.- Hot Lunch	12	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club No Arts and Crafts No BINGO 11 a.m.-12:30 p.m.- Hot Lunch	13	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	14	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 11 a.m.-12:30 p.m.- Hot Lunch	15		16
17	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 9:15 a.m.-1 p.m.- Scrapbook 101 11 a.m.-12:30 p.m.- Hot Lunch	18	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 9:15 a.m.-6 p.m.- Crop Day 10-11 a.m.- Foreversize 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	19	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 9:15-11 a.m.- Arts and Crafts 11 a.m.-12 p.m.- BINGO 11 a.m.-12:30 p.m.- Hot Lunch 11:30 a.m.-1 p.m.- "Living Statues: Celebrating Famous Texans - Larry J. Ringer Library	20	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	21	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 10 a.m.-12 p.m.- Birthday Party Potluck 11 a.m.-12:30 p.m.- Hot Lunch 6-9 p.m.- Senior Night Out: Dancing & Games at Southwood Community Center	22		23
24	CLOSED	25	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 10-11 a.m.- Foreversize 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	26	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 9:15-11 a.m.- Arts and Crafts 11 a.m.-12 p.m.- BINGO sponsored by Fortress Nursing & Rehabilitation 11 a.m.-12:30 p.m.- Hot Lunch	27	8:30-9:30 a.m.- Senior Advisory Group at Meyer Center 9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch 5-7 p.m.- BUNCO Party at Meyer Center	28	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-10 a.m.- Walking Club 11 a.m.-12:30 p.m.- Hot Lunch 11 a.m.-1:30 p.m.- Celebrating the Heart of Family: Mother's & Father's Day at Lincoln Recreation Center	29		30
31	<ul style="list-style-type: none"> - Senior Membership Required - Class Fee - Free for Ages 55+ - Closure/Holiday/Class Cancellation 											

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SATURDAY

MAY 2026

Southwood Community Center – Senior Services

						9-10 a.m.- Intermediate Line Dancing II 10:15-11:15 a.m.- Advanced Beginner Line Dancing with Jennifer	1		2			
3	9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance No Foreversize 3:30-4:10 p.m.- Fit Self-Defense	4	9-10 a.m.- Intermediate Line Dancing II 1-2 p.m.- Computer & Tech Class	5	7:30-8:30 a.m.- Beginner Yoga 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance No Foreversize 3:30-4:10 p.m.- Fit Self-Defense	6	9:30-10:30 a.m.- Heartfulness Meditation 1-2 p.m.- Computer & Tech Class	7	9-10 a.m.- Intermediate Line Dancing II 10:15-11:15 a.m.- Advanced Beginner Line Dancing with Jennifer	8		9
10	9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense	11	9-10 a.m.- Intermediate Line Dancing II 1-2 p.m.- Computer & Tech Class	12	7:30-8:30 a.m.- Beginner Yoga 9-10 a.m.- Beginning Line Dance 9 a.m.-1 p.m.- Senior Expo at the Brazos Center 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 1-4:30 p.m.- Quilting Studio 3:30-4:10 p.m.- Fit Self-Defense	13	9:30-10:30 a.m.- Heartfulness Meditation 1-2 p.m.- Computer & Tech Class	14	9-10 a.m.- Intermediate Line Dancing II 10:15-11:15 a.m.- Advanced Beginner Line Dancing with Jennifer	15		16
17	9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense	18	9-10 a.m.- Intermediate Line Dancing II 1-2 p.m.- Computer & Tech Class	19	7:30-8:30 a.m.- Beginner Yoga 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 11:30 a.m.-1 p.m.- "Living Statues: Celebrating Famous Texans - Larry J. Ringer Library 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense	20	9:30-10:30 a.m.- Heartfulness Meditation 1-2 p.m.- Computer & Tech Class	21	9-10 a.m.- Intermediate Line Dancing II 10:15-11:15 a.m.- Advanced Beginner Line Dancing with Jennifer 6-9 p.m.- Senior Night Out: Dancing & Games at Southwood Community Center	22		23
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