

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10 a.m.-12:45 p.m.- Rummikub 12:30-3 p.m.- Jam Session Group 1-1:45 p.m.- Nia Moving to Heal 1-4 p.m.- Hand & Foot Canasta	2 9 a.m.-12 p.m.- Bridge 9-11 a.m.- Sit & Fit 10-11 a.m.- Intermediate Line Dancing with Teri 1-4 p.m.- Mah Jongg 1-4 p.m.- Learn to Play Texas Hold'em Poker 2-3 p.m.- Intermediate Tai Chi 3:30-4:30 p.m.- Beginner Tai Chi	3 9-10 a.m.- Foreversize 9 a.m.-12 p.m.- Learn to Play 42 10-11 a.m.- Sit & Fit 1-4 p.m.- Learn How To Play Mah Jongg 2-4 p.m.- Open Art Time	4 9 a.m.-12 p.m.- Bridge 9 a.m.-12 p.m.- Shanghai Rummy 12-1 p.m.- BINGO 1-4 p.m.- Open Game Time	5 CLOSED
6	7 CLOSED	8 10-11 a.m.- Meyer Book Club: "Agnes Aubert's Mystical Cat Shelter" by Heather Fawcett - Meyer Center 10 a.m.-12:45 p.m.- Rummikub 12:30-3 p.m.- Jam Session Group 1-1:45 p.m.- Nia Moving to Heal 1-4 p.m.- Hand & Foot Canasta	9 9 a.m.-12 p.m.- Bridge 9-11 a.m.- Sit & Fit 10-11 a.m.- Intermediate Line Dancing with Teri 1-4 p.m.- Mah Jongg 1-4 p.m.- Learn to Play Texas Hold'em Poker 2-3 p.m.- Intermediate Tai Chi 3:30-4:30 p.m.- Beginner Tai Chi	10 9-10 a.m.- Foreversize 9 a.m.-12 p.m.- Learn to Play 42 10-11 a.m.- Sit & Fit 10-12 p.m.- Basic Jewelry Making 1-4 p.m.- Learn How To Play Mah Jongg 2-4 p.m.- Open Art Time	11 9 a.m.-12 p.m.- Bridge 9 a.m.-12 p.m.- Shanghai Rummy 10:30 a.m.-1:30 p.m.- Jam Session Group 12-1 p.m.- BINGO 1-4 p.m.- Open Game Time	12 1-4 p.m.- Saturday Senior Hangout <i>Enjoy an afternoon with friends while playing games, cards, corn hole, ping pong, watching sports, enjoying refreshments, swapping books, etc.</i>
13	14 No Foreversize 9 a.m.-12 p.m.- 42 Dominoes 10-11 a.m.- Sit & Fit 1-4 p.m.- Open Game Time	15 10 a.m.-12:45 p.m.- Rummikub 12:30-3 p.m.- Jam Session Group 1-1:45 p.m.- Nia Moving to Heal 1-4 p.m.- Hand & Foot Canasta	16 9 a.m.-12 p.m.- Bridge 10-11 a.m.- Intermediate Line Dancing with Teri 9-11 a.m.- Sit & Fit 11:30 a.m.-1 p.m.- "Fifteen More: The Untold Story of Texas Aggies in World War I - Larry J. Ringer Library 1-4 p.m.- Mah Jongg 1-4 p.m.- Learn to Play Texas Hold'em Poker 2-3 p.m.- Intermediate Tai Chi 3:30-4:30 p.m.- Beginner Tai Chl	17 9-10 a.m.- Foreversize 9 a.m.-12 p.m.- Learn to Play 42 10-11 a.m.- Sit & Fit 1-4 p.m.- Learn How To Play Mah Jongg 2-4 p.m.- Open Art Time	18 9 a.m.-12 p.m.- Bridge 9 a.m.-12 p.m.- Shanghai Rummy 12-1 p.m.- BINGO sponsored by AccentCare Hospice 1-4 p.m.- Open Game Time	19 1-4 p.m.- Saturday Senior Hangout <i>Enjoy an afternoon with friends while playing games, cards, corn hole, ping pong, watching sports, enjoying refreshments, swapping books, etc.</i>
20	21 9-10 a.m.- Foreversize 9 a.m.-12 p.m.- 42 Dominoes 10-11 a.m.- Sit & Fit 1-4 p.m.- Open Game Time	22 10 a.m.-12:45 p.m.- Rummikub 12:30-3 p.m.- Jam Session Group 1-1:45 p.m.- Nia Moving to Heal 1-4 p.m.- Hand & Foot Canasta 2-3:30 p.m.- Wearable Arts: "English Smocking"	23 9 a.m.-12 p.m.- Bridge 10-11 a.m.- Intermediate Line Dancing with Teri 9-11 a.m.- Sit & Fit 1-4 p.m.- Mah Jongg 1-4 p.m.- Learn to Play Texas Hold'em Poker 2-3 p.m.- Intermediate Tai Chi 3:30-4:30 p.m.- Beginner Tai Chi	24 9-10 a.m.- Foreversize 9 a.m.-12 p.m.- Learn to Play 42 10-11 a.m.- Sit & Fit 1-4 p.m.- Learn How To Play Mah Jongg 2-4 p.m.- Open Art Time 5-7 p.m.- BUNCO Party at Meyer Center	25 9 a.m.-12 p.m.- Bridge 9 a.m.-12 p.m.- Shanghai Rummy 10:30 a.m.-1:30 p.m.- Jam Session Group 12-1 p.m.- BINGO 1-4 p.m.- Open Game Time 6-9 p.m.- Seniors Night Out: Dancing & Games at Southwood Community Center	26 1-4 p.m.- Saturday Senior Hangout <i>Enjoy an afternoon with friends while playing games, cards, corn hole, ping pong, watching sports, enjoying refreshments, swapping books, etc.</i>
27	28 9-10 a.m.- Foreversize 9 a.m.-12 p.m.- 42 Dominoes 10-11 a.m.- Sit & Fit 1-4 p.m.- Open Game Time	29 10 a.m.-12:45 p.m.- Rummikub 12-1:30 p.m.- Pizza & Potluck Social 12:30-3 p.m.- Jam Session Group 1-1:45 p.m.- Nia Moving to Heal 1-4 p.m.- Hand & Foot Canasta	30 9 a.m.-12 p.m.- Bridge 10-11 a.m.- Intermediate Line Dancing with Teri 9-11 a.m.- Sit & Fit 1-4 p.m.- Mah Jongg 1-4 p.m.- Learn to Play Texas Hold'em Poker 2-3 p.m.- Intermediate Tai Chi 3:30-4:30 p.m.- Beginner Tai Chi	SEPTEMBER 2026 Meyer Senior & Community Center – Senior Services		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Foreversize 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch1	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 11 a.m.-12 p.m.- BINGO sponsored by Golden Creek Healthcare & Rehab 11 a.m.-12:30 p.m.- Hot Lunch2	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters with Right at Home 11 a.m.-12:30 p.m.- Hot Lunch3	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 11 a.m.-12:30 p.m.- Hot Lunch4	5
6	CLOSED7	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Foreversize 10-11 a.m.- Meyer Book Club: "Agnes Aubert's Mystical Cat Shelter" by Heather Fawcett - Meyer Center 11 a.m.-12 p.m.- Mind & Body Boosters with Brazos Valley Food Bank 11 a.m.-12:30 p.m.- Hot Lunch8	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-11 a.m.- Crafty Fun 11 a.m.-12 p.m.- BINGO sponsored by AccentCare Hospice 11 a.m.-12:30 p.m.- Hot Lunch9	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch10	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 11 a.m.-12:30 p.m.- Hot Lunch11	12
13	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15 a.m.-1 p.m.- Scrapbook 101 10-11a.m.- Cell Phone Basics 11 a.m.-12:30 p.m.- Hot Lunch14	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15 a.m.-6 p.m.- Crop Day No Foreversize 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch15	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 11 a.m.-12 p.m.- BINGO sponsored by Right at Home 11 a.m.-12:30 p.m.- Hot Lunch 11:30 a.m.-1 p.m.- "Fifteen More: The Untold Story of Texas Aggies in World War I" - Larry J. Ringer Library16	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch17	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 11 a.m.-12:30 p.m.- Hot Lunch18	19
20	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15 a.m.-1 p.m.- Scrapbook 101 11 a.m.-12:30 p.m.- Hot Lunch21	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Foreversize 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch22	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-11 a.m.- Crafty Fun 11 a.m.-12 p.m.- BINGO sponsored by Allumine Home Health & Hospice 11 a.m.-12:30 p.m.- Hot Lunch23	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch 5-7 p.m.- BUNCO Party at Meyer Center24	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 10 a.m.-1 p.m.- Birthday Party Potluck with BVCASA 10 a.m.-1p.m.- Learn, Play, & Connect 11 a.m.-12:30 p.m.- Hot Lunch 6-9 p.m.- Seniors Night Out: Dancing & Games at Southwood Community Center25	26
27	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15 a.m.-1 p.m.- Scrapbook 101 11 a.m.-12:30 p.m.- Hot Lunch28	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Foreversize 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch29	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 11 a.m.-12 p.m.- BINGO 11 a.m.-12:30 p.m.- Hot Lunch30	SEPTMBER 2026 Lincoln Recreation Center – Senior Services		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9-10 a.m.- Intermediate Line Dancing II 1-2 p.m.- Computer & Tech Class1	7:30-8:30 a.m.- Beginner Yoga 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense2	9:30-10:30 a.m.- Heartfulness Meditation 1-2 p.m.- Computer & Tech Class3	9-10 a.m.- Intermediate Line Dancing II 10:15-11:15 a.m.- Advanced Beginner Line Dancing with Jennifer4	5
6	CLOSED7	9-10 a.m.- Intermediate Line Dancing II 10-11 a.m.- Meyer Book Club: "Agnes Aubert's Mystical Cat Shelter" by Heather Fawcett - Meyer Center 1-2 p.m.- Computer & Tech Class8	7:30-8:30 a.m.- Beginner Yoga 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 1-4:30 p.m.- Quilting Studio 3:30-4:10 p.m.- Fit Self-Defense9	9:30-10:30 a.m.- Heartfulness Meditation 1-2 p.m.- Computer & Tech Class10	9-10 a.m.- Intermediate Line Dancing II 10:15-11:15 a.m.- Advanced Beginner Line Dancing with Jennifer11	12
13	9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance No Foreversize 3:30-4:10 p.m.- Fit Self-Defense14	9-10 a.m.- Intermediate Line Dancing II 1-2 p.m.- Computer & Tech Class15	7:30-8:30 a.m.- Beginner Yoga 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 11:30 a.m.-1 p.m.- "Fifteen More: The Untold Story of Texas Aggies in World War I - Larry J. Ringer Library No Foreversize 3:30-4:10 p.m.- Fit Self-Defense16	9:30-10:30 a.m.- Heartfulness Meditation 1-2 p.m.- Computer & Tech Class17	9-10 a.m.- Intermediate Line Dancing II 10:15-11:15 a.m.- Advanced Beginner Line Dancing with Jennifer18	19
20	9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense21	9-10 a.m.- Intermediate Line Dancing II 1-2 p.m.- Computer & Tech Class22	7:30-8:30 a.m.- Beginner Yoga 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense23	9:30-10:30 a.m.- Heartfulness Meditation 1-2 p.m.- Computer & Tech Class 5-7 p.m.- BUNCO Party at Meyer Center24	9-10 a.m.- Intermediate Line Dancing II 10:15-11:15 a.m.- Advanced Beginner Line Dancing with Jennifer 6-9 p.m.- Seniors Night Out: Dancing & Games at Southwood Community Center25	26
27	9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense28	9-10 a.m.- Intermediate Line Dancing II 1-2 p.m.- Computer & Tech Class29	7:30-8:30 a.m.- Beginner Yoga 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense30	SEPT 2026 Southwood Community Center – Senior Services		